Topics for discussion

- Consumer Protections
- Improving Quality and Lowering Costs
- Increasing Affordable Access
Consumer protections
Consumer protections

- In place:
  - Cover young adults to age 26
  - Ban lifetime limits on coverage
  - Preventive care at no cost
- Prohibit discrimination due to pre-existing conditions or gender (2014)
- Eliminate annual limits on insurance coverage (2014)
- Access to out-of-network emergency room services
Improving quality and lowering costs
Preventive care for adults

- Alcohol misuse screening and counseling
- Blood pressure screening
- Cholesterol screening for adults of certain age or at higher risk
- Colorectal cancer screening for adults over 50
- Depression screening
- Type 2 Diabetes screening for adults with high blood pressure
- Diet counseling for adults at higher risk for chronic disease
- HIV screening for all adults at higher risk
Preventive care for adults

- Aspirin use for men and women of certain ages
- Immunization vaccines - doses, recommended ages, recommended populations vary
  - Hepatitis A
  - Hepatitis B
  - Flu shot
  - Tetanus
  - Others, including those for sexually transmitted diseases
- Obesity screening and counseling
- Sexually transmitted Infection (STI) prevention counseling for adults at higher risk
- Tobacco use screening and cessation interventions for tobacco users
Preventive care for women

- Breast cancer mammography screenings every 1-2 years
- Breast cancer chemoprevention counseling for women at higher risk
- Cervical cancer screening
- Osteoporosis screening
- Well woman annual visits
Increasing access to affordable care
Increasing access to affordable care

- Increasing Medicaid payments to primary care doctors
- Open enrollment in Health Insurance Marketplace begins October 2013
- Change out-of-pocket maximum rules to include co-payments for office visits and emergency room
- Out-of-pocket maximums increase of $6,350 / $12,700